



## Best Acne Treatment In Lahore, Pakistan

We provide the **best acne treatment in Lahore**, Pakistan, and our out-of-town patients routinely follow up with us via online or Skype consultation. Our state-of-the-art center for skin diseases is staffed by some of the best minds in Dermatology. Most people try self treatment for their acne with a variety of over-the-counter (OTC) medications containing salicylic acid, benzoyl peroxide and alpha hydroxy acids. These products are flooded in the market. Patients are unaware of what treatment they should be using for their condition, how long they should be using a particular product for,

and what the proper methods of application are. As the laws are not very stringent for OTC medications in Pakistan, many of these beauty creams contain topical steroids.

### Acne Care

These may temporarily suppress acne and show improvement, but ultimately, the use of such medications may lead to **cause of acne** rosacea (severe acne) and epidermal atrophy (thinning of the top layer of the skin). If you have only few small acne lesions (pimples) and do not want to consult a dermatologist, you may try over the counter medications as the first step. If there is no improvement or the condition seems to worsen, then it is important to seek advice of a dermatologist (skin specialist).

It is generally a good idea not to become your own acne doctor. Let a dermatologist or a qualified physician treat your acne, no matter how mild it is. In this way you may save yourself from scarring later on. There are two important considerations in the **acne treatment in Lahore**. First is the severity of the disease and second is the psychological impact of the disease on the patient. Sometimes the disease may not appear significant to the clinician but the patient may be extremely distressed over it. This distress can lead to severe depression and suicidal ideation in some patients.

The **best Acne treatment in Lahore** is being offered at our state-of-the-art center for acne and skin diseases at COSMETIQUE Dermatology. Laser & Cosmetic surgery Center located in DHA, Lahore. One of the largest of its kind facility in the the south Asian region, acne is treated at the same standards as at some of the top dermatology centers in the world. From latest medications to custom pharmaceutical preparations and latest lasers, fillers and acne surgery – you can rest assured that you will receive the best treatment available anywhere in the world.

Acne referred to as **PIMPLES** in common language, is a very common **skin condition** effecting the face, chest, shoulders, back and sometimes scalp. It occurs as a disorder of the oil glands (sebaceous glands) of the skin. The oil produced by these glands is brought to the surface of the skin through small channels which open on the outer surface of the skin in the form of pores. If these pores get blocked due to some underlying abnormality it will lead to the formation of acne. The blockage may be a result of excessive oil production by the gland, accumulation of the dead skin cells in the pores or residing bacteria known as Propionibacterium Acnes in the affected area.

### **Institute Cosmetique your first place for Acne Treatment in Lahore**

There are many manifestations of the disease ranging from mild to the severe scarring forms encompassing black heads, white heads (open and closed comedowns) and nodules. Acne generally occurs in teenagers but 20% of adults may also suffer from acne for the first time in their lives. At our state-of-the-art Cosmetique® Dermatology, Laser & Cosmetic Surgery Center in Lahore, we provide par excellence treatment of acne. We cater a large number of patients from all over Pakistan who seek the best **treatment of acne**. For those patients who may not be able to visit us in Lahore, we provide online consultation via Skype.



**Best Treatment For Acne in Lahore, Pakistan.  
Treatments of Acne Scars & acne-related Scarring in Lahore,  
Pakistan**

Acne can spread from your face to your chest, back, and shoulders, and should be treated by a qualified dermatologist in Lahore to minimize the risk of infection and scarring.

## **Treatment for Acne-related Scarring and Acne Spots in Lahore, Pakistan**

Acne can spread from a single area to the entire body, including the shoulder, chest, back, legs, and many more. Thus, it should be treated by high-qualified and professional dermatologists in Lahore, Pakistan, like us. That will definitely minimize the risk of scarring and further acne spreading





While several commercial lotions and creams designed to make skin fair and treat acne contain steroids that may permanently damage the skin tissues, people should not use them without any reliable dermatologist's advice. .The most common treatment for acne generally consists of some topical medicines that are to apply on the face or affected body region a couple of times a day. Also, oral medications may be required according to acne condition.

However, the most common mistake people make for **acne treatment in Lahore** is applying steroid creams such as Betnovate or Dermovate. Both these, instead of treating, may further worsen the acne and pimples while damaging the skin.

In most cases, acne is neither caused by lack of food nor water. But in general, avoiding fast food, drinking enough water, consuming healthy food are good for the body anyway.

For **acne treatment in Lahore**, you should always consult qualified and professional skin specialists in Lahore, Pakistan. With the most advanced therapies readily available nowadays, there is no reason to be walking around with pimples on your face and body. Acne or "pimples" is a very common skin disease among adolescent girls and boys, and even in adults. Considering it 'puberty-related' problem with no treatment is a myth in today's day and age. With the latest procedures and equipment available at Cosmetique, acne is just another skin disease and wonderful treatments are available that can get rid of old acne and prevent new ones from forming.



**For More Videos, Visit Our Youtube Channel.**

 **Cosmetique Clinic**







## Frequently Asked Questions

How do I know which acne treatment is suitable for me?



What types of acne treatments are offered at Institute Cosmetique?



How long does it take to see results from acne treatment?



Are there any potential side effects of acne treatments?





Do you offer acne treatments suitable for different skin types? 

Can acne treatments at Institute Cosmetique help with acne? 

How can I schedule an appointment for acne treatment? 

Is there any downtime associated with acne treatments? 


## About Us

Our goal is to be the Gold Standard of skin care and cosmetic surgery in South Asia. I personally see every new patient who visits our clinic. I am Board Certified by the American Board of Dermatology, American Board of Internal Medicine and American Academy of Cosmetic Surgery.

## Get Updates

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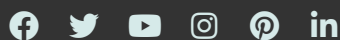
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## Gulberg Branch

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**DHA Flagship Clinic**

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## Johar Town Branch

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