

## Smile Big: Get Regular Dental Check-ups And Why You Should!

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Who doesn't love to have a bright and white smile? Having a great smile can do wonders for your confidence and self-esteem. Unfortunately, teeth tend to lose their strength, whiteness, and shine over time. This can be due to various reasons such as lifestyle habits, and even diet. To ensure you maintain your beautiful smile, it's important to visit the [Wedgewood dentist](#) regularly for dental check-ups and care. Here are five reasons why you should visit the dentist regularly.



### **To prevent gum disease**

One of the most important reasons to visit the dentist is to prevent gum disease. Gum disease is caused by bacteria and plaque buildup around the teeth and gums, which can lead to inflammation and bleeding of the gums. Without regular dental visits, this can become more severe, leading to eventual tooth loss and other serious health problems. Regular dental visits help to keep your mouth healthy by detecting any signs of gum disease early and treating it appropriately.

### **To maintain good oral hygiene**

Regular brushing and flossing are important for keeping your teeth clean, but it's not enough. Professional [Wedgewood dental](#) cleanings remove any plaque or tartar buildup that brushing and flossing can miss, helping to maintain good oral hygiene. This helps to keep your teeth and gums healthy and helps to prevent cavities and tooth decay.

### **To detect any early signs of dental problems**

A regular dental visit can help to detect any early signs of dental problems such as cavities, gum disease, or other oral health issues before they become more serious. This way, they can be treated quickly and efficiently before they cause any more damage.

### **To keep your smile looking great**

Visiting the dentist regularly helps to keep your smile looking great by addressing any issues you may have with your teeth such as discoloration or crookedness. Professional whitening treatments can help restore the brightness of your smile and minor cosmetic procedures can correct any imperfections you may have with your teeth.

Visiting the dentist twice a year is essential for maintaining good oral health and keeping your smile looking its best.

### **About Smile on 35th:**

Smiles on 35th is one of the leading [Wedgewood dentistry](#) offers services from general dentistry to cosmetic dentistry. Their team of qualified professionals offers a range of services so that you can get the perfect smile makeover.

For more details, visit <https://www.smileson35th.com/>

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