

## Why Rugiet Health Should Be Your First Option in ED Treatment



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Ready to take the first step in addressing your erectile dysfunction (ED)? That first step might be talking to your doctor. You may have recognized that intimacy isn't quite what it used to be, and you want to do something about it. However, talking to a healthcare professional is just one step. After that, it's time to consider treatment options. One option more men are turning to is Rugiet Ready from Rugiet Health.



These days, there are a number of ED treatments, including pills, injections, and surgical implants. There isn't a "one-size-fits-all" approach to treating ED. It can be worth it to explore different options, including Rugiet Ready, an [ED medication](#) in the form of a sublingual troche. And Rugiet Ready can even serve as your first option in ED treatment. Here's what sets it apart.

### Rugiet Ready Keeps Treatment Simple

You can talk to a board-certified doctor in Rugiet Health's network and get a prescription for Rugiet Ready and be ready to go—all on your terms. Sounds pretty simple, right? This is just the start of how Rugiet Health and Rugiet Ready keep things simple. Many other treatment options, while potent, might not be as straightforward as you'd like. Pills can require planning and injections, well, those can speak for themselves.

Rugiet Ready is a [sublingual ED medication](#)—a troche. You simply place the medication under your tongue, and it dissolves. The medication, a potent formulation of sildenafil, tadalafil, and APO, enters your bloodstream. Unlike pills, Rugiet Ready can work in 15 minutes or less—and last up to 36 hours. In short, when you're ready, it's ready!

## You Can Try It Now

Because Rugiet Ready can help keep things simple, it can make a good first option if you're not ready or interested in ED pills, injections, or other treatments. Some options are more intense than others and can require serious consideration before pursuing, particularly the injections or surgical options.

It can make sense to reach out to Rugiet Health before going down these paths. You can try Rugiet Ready, and if it works, it can save a lot of hassle, not to mention potential discomfort! Alternatively, Rugiet Ready can also serve as an option if you've already tried pills like Viagra (sildenafil) or Cialis (tadalafil) but didn't have a good experience.

## Next Possible Steps

Again, there is no "one-size-fits-all" approach to ED treatment. Rugiet Ready can be a potent [ED medicine](#) for a lot of men. But if you need a different option, that's okay, too. It's important to reach out and discuss options with your doctor. Rugiet Ready helps keep things simple and gives you a first option to try (or a second option).

You can also get Rugiet Ready in different strengths, too. You might start with the low-strength option and, if needed, work up to a stronger dose. That's another reason to start with Rugiet Ready as an ED treatment—it's flexible. Once you fine-tune your strength, you can explore Rugiet Health's membership plans so your prescription is filled on a regular basis!

Explore Rugiet Ready as your first step in ED treatment at <https://www.rugietmen.com/>

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**READY**